



# Bob Roitblat

*Purveyor of Fine Ideas & Experience*



## *Using Emotional Intelligence to survive the corporate jungle™*

**Keynote, Half-day or Full-day Program**

### Meet Your Presenter:

For more than three decades, Bob Roitblat has innovated, nurtured, developed and successfully exited more than a dozen businesses. He uses his experience as the CEO of Mainsail Consulting Group combined with his experience as a competitive sailor to draw parallels between building and leading a winning yacht racing team and building and leading a winning business.

Bob helps current and emerging leaders develop business skills that are effective whether the seas are calm or storms are raging. "Yacht racing," he says, "is the perfect metaphor for business success. Businesses, like race boats, require leadership, teamwork and rapid decision-making to be successful. Miles from land, you have only those resources you brought with you and your knowledge of the environment and your competition to eke out as much advantage as you can in a dynamic environment."

Audiences easily connect with Bob because he is interactive and fun. Bob is able to think on his feet and engage the audience with thought-provoking stories, examples and humor.

### Why this program:

Emotional intelligence (EQ) is more than just a handy set of "people skills." EQ is the capacity to recognize and effectively manage emotions within yourself and others. EQ increases your ability to make good decisions, build relationships, deal with stress, and cope with change. Research has proved that EQ is more reliable in predicting success than IQ, and that people with high emotional intelligence are consistently the top performers in their organizations.

**Key Takeaways** - With this program, attendees will laugh, learn and leave with the ability to:

- Discover how to increase their EQ competency
- Recognize how their reactions and emotions—and those of others—affect their work relationships
- Keep themselves and others from overreacting in emotionally charged situations
- Create a development plan to identify areas for improvement and specific steps for developing EQ
- Choose how they act—instead of responding automatically
- Easily work with people with personalities and communication styles different from theirs
- Anticipate problem situations and be prepared to respond appropriately

**Bob Roitblat**

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